# INSPIRE | CHALLENGE | EMPOWER



21 June 2020

Dear Parents / Caregivers

I hope this message finds you and your bubble well.

I would like to acknowledge the amazing work our staff, students and families have been doing with our Distance Learning Programme. I know this has been a challenge for some parents as you juggle your work commitments, supporting your children and generally living your life. Thank you for supporting your child and the school through this experience. I am so grateful for our dedicated and committed staff, and so proud of the engagement of the students. Congratulations to each and every one of you.

We have started to plan what school will look like in Level 2, but just like all of you, we are waiting for the announcement from the government on Monday next week. We are excited about the possibility of having our students and staff back at school, but it will take careful thought and planning to ensure that our school is a safe place for your child and our staff. We will keep you up to date on timelines and other details as we receive them from the Ministries of Education and Health.

Here are some more helpful tips for the lockdown period.

# **Cyber Safety - Helping students stay safer online from home**

As you know, children's online safety is important. At school, we have Network for Learning (N4L) that helps keep our students safe from the bad side of the internet. N4L has worked out a way to help you keep your children safely connected at home.

### FREE N4L safety filter for all students

N4L have set up a safety filter that parents can set up on their child's learning devices from home. Just go to <a href="mailto:switchonsafety.co.nz">switchonsafety.co.nz</a> to find clear instructions on how to do this.

The free N4L safety filter (by global cyber-security leader, Akamai) blocks websites containing known cyber threats like phishing scams, malicious content and viruses, while also protecting children from content deemed the worst of the web (like adult sites).

It is an extension of one of the many safety and security services we have in place at schools and is a valuable layer of protection to help keep children safe online. Please remember that technology is not a silver bullet and the filter should be used in combination with Netsafe's online parent safety toolkit.

#### Wellbeing

The mental health issues related to lockdown and the pandemic are especially hard for people with depression and anxiety.

The wonderful NZ charity MIND have a 24 hour helpline: 1737 (even if you or someone you know are just feeling out of sorts).

**P:** 09 444 6582 **F:** 09 443 4528

**E:** enquiries@glenfieldint.school.nz

138 Chivalry Road, Glenfield Auckland 0629, New Zealand Other support services include:

Youthline: 0800 376 633 or txt 027 4 youths Domestic Violence Centre: 09 303 3939 Pasifika Health Services: 09 828 4307

Parenting Place: 09 524 0025 or 0800 535 659 Kari Centre emergency line: 0800 800 717

For immediate help call 111

## **Television and Radio Learning Programmes**

Home Learning TV | Papa Kāinga TV will take over TVNZ DUKE's daytime schedule 9am to 1pm on weekdays. Programming for younger children includes the popular Karen's House at 9am, followed by programmes for children aged 5 to 7, including junior movement with the Dingle Foundation and junior science and maths with Suzy Cato.

DUKE is available on Freeview channel 13, Sky and Vodafone TV channel 23. It can be live streamed on the TVNZ website, <a href="https://www.tvnz.co.nz">www.tvnz.co.nz</a>.

#### Māori TV

Mauri Reo Mauri Ora is back to support learning for children aged 0 to 18 years. Mauri Reo Mauri Ora is airing again on Te Reo Māori Channel via SkyTV, Vodafone channel 82 and Freeview Channel 15 from 9am to 3pm on weekdays. Check out <a href="www.kauwhatareo.govt.nz/mauri-reo-mauri-ora">www.kauwhatareo.govt.nz/mauri-reo-mauri-ora</a> for more information, schedules and previous sessions.

#### **Pacific Learners**

For Pacific learners there is the Talanoa Ako Pacific Parent programme - Talanoa Ako on Air radio programme and Talanoa Ako Digital App <u>Talanoa Ako app</u>.

If you have any questions or concerns relating to your child's learning, please do not hesitate to contact your child's teacher. Please direct any other questions to the school office.

Take care and stay safe.

Mark Whitford **Principal**